

PATCHING A HOLE

STEPS

1. Trim fraying edges of hole

2. Cut scrap fabric

Scrap should be 1+” larger on all sides than hole

3. Pin patch to garment at corners

4. Thread needle

Cut about 18–24” of thread. Pass one end through the eye of the needle, leaving the other end about 2–3” long. Tie a knot at the long end of the thread.

5. Secure thread

Start your stitch from between the patch and garment. Bring the needle up through the garment to the right side.

6. Needle Turn Reverse Appliqué

Tuck the raw edge of the garment under about $\frac{1}{8}$ ”. Take a small stitch down through the patch, then bring the needle back up through the patch and garment one stitch length ahead of the previous stitch.

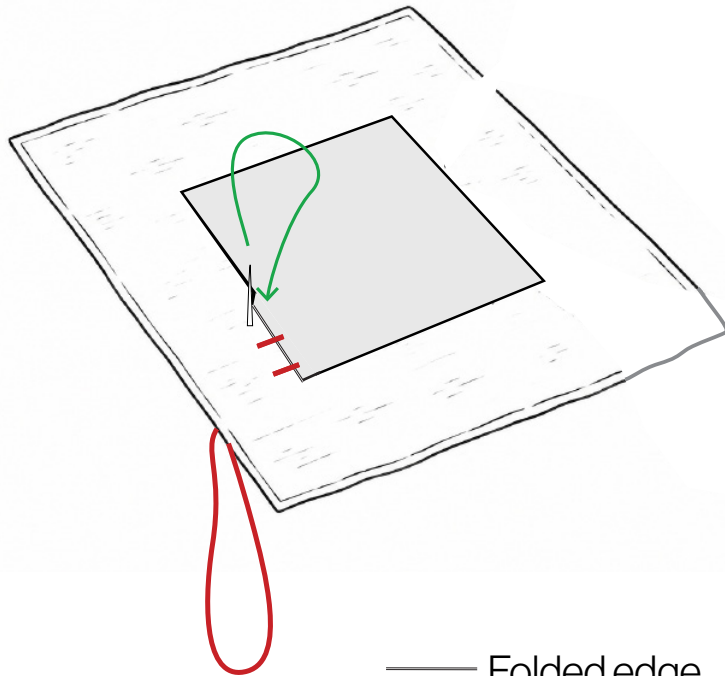
7. Back stitch and bury thread between layers

Complete the final stitch to finish the perimeter (or grid if on step 11). Take one more stitch over the last stitch, then bring the needle between the patch and garment. Tie a square knot to secure the thread.

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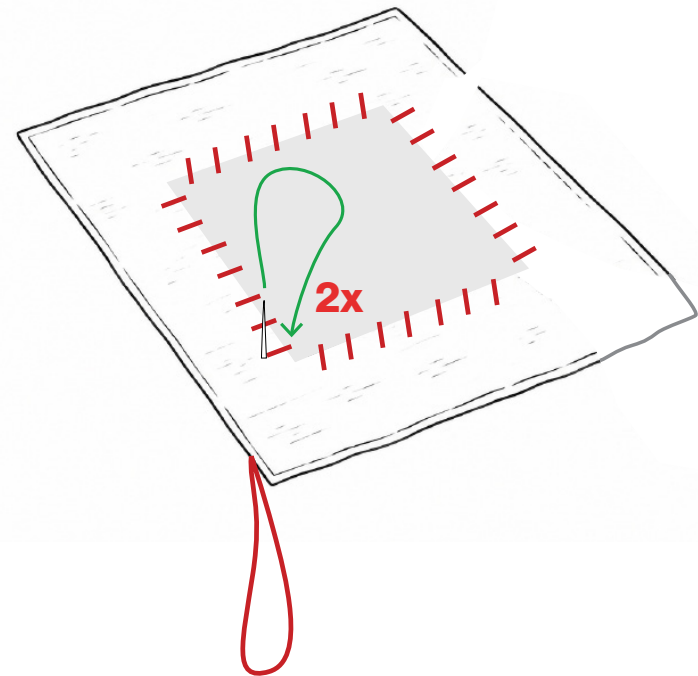
DIAGRAM

6. Needle Turn Reverse Appliqué



- Folded edge
- Raw edge
- Thread

7. Back stitch and bury thread between layers



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SASHIKO-STYLE STITCHING

8. Mark a grid over the patch and garment

Using a washable fabric marker or chalk, draw parallel lines about 1/4"-1/2" apart, then draw perpendicular lines to create a grid. Try to keep the lines evenly spaced.

9. Thread needle and secure thread

Refer to steps 4 and 5.

10. Sew classic grid

Sew alternating over and under along the grid (running stitch). Stitch up one line, then down the next, continuing until all vertical lines are sewn.

11. Back stitch and bury thread

Refer to step 7

KUGURIZASHI REPAIR

12. Thread needle and secure thread

Refer to steps 4 and 5

13. Weave thread through anchor stitches

Use the butt end of needle to pass through stitches in a pattern (honeycomb or basic +).

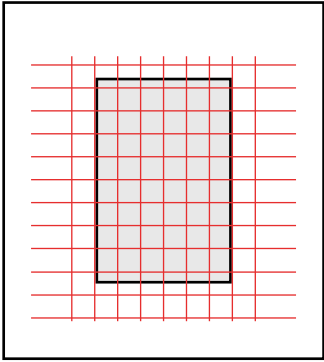
14. Back stitch and bury thread

Refer to step 5

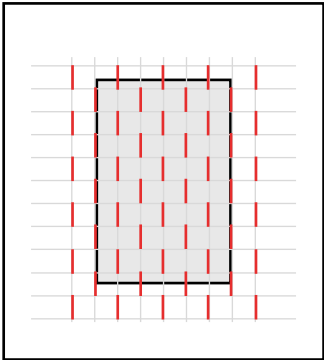
PATCHING A HOLE

DIAGRAM

8. Mark a grid over the patch and garment

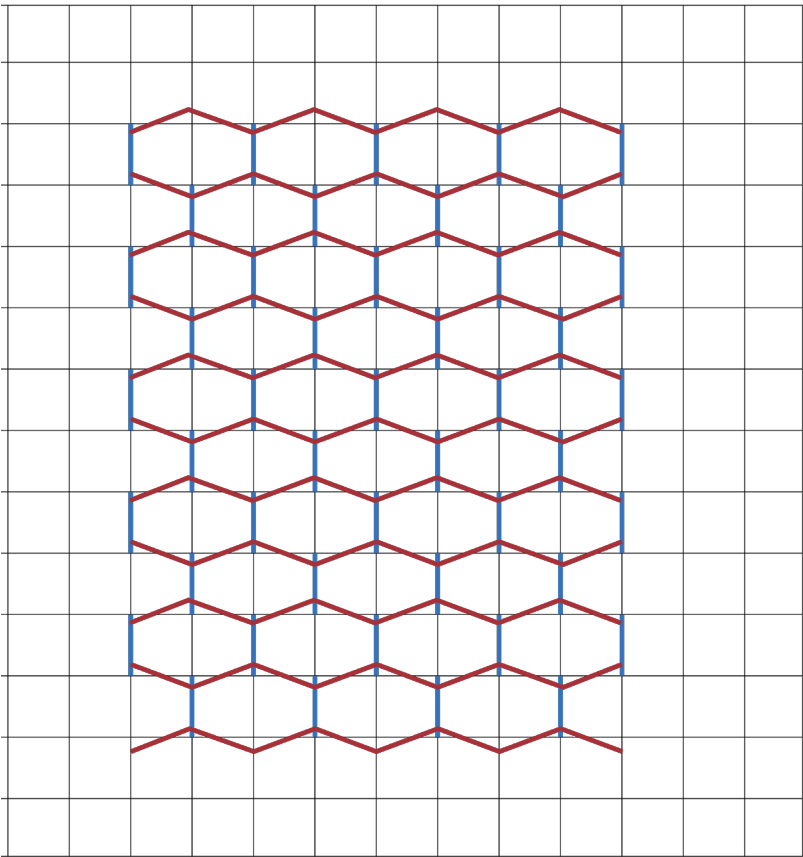


10. Sew classic grid



↓↑↓↑↓↑↓↑
sewing direction

13. Weave thread through anchor stitches



Previously completed

New stitching or weaving pattern