

FIXING A SPLIT SEAM: BACKSTITCH

STEPS

1. Prevent unravelling

Bring the top and bobbin threads between the two layers of fabric at the seam. Tie two square knots to secure them, then trim the excess thread.

2. Prep seam

Turn the garment inside out. Pin the two sides of the split seam together, lining up the original seam.

3. Thread needle

Cut thread 5x length of hole (no longer than your arm). Double the thread and thread your needle.

4. Secure thread

Make one small stitch (up and down) **before** the beginning of the seam's split, not pulling tightly so as to **leave a small loop**. Pass your needle through the loop and pull tight to secure the thread.

5. Backstitch along seam

Make a small stitch forward (down and up). Insert the needle one stitch length back, then bring it up two stitch lengths forward. Keep stitches close to original seam line.

6. Secure end of thread

At the end of the repair, catch a small bit of fabric and pull the needle partway through, leaving a loop of thread. Pass the needle through the loop, then pull the thread tight. Remove the needle and tie a square knot to secure the thread.

Backstitch Diagram

