

SWISS DARNING (FOR KNITS)

STEPS

1. Prep Repair

Lay your repair flat on the table, or stretch over a piece of cardboard/darning mushroom, secured with pins or a rubber band. Snip loose threads.

2. Thread Needle

Cut a length of thread, not longer than a comfortable *working thread length. Pass one end through the eye of the needle, leaving the other end about 2–3" long. Tie a knot at the long end of the thread.

3. Create Vertical Foundation Stitches

Create long vertical stitches from the bottom to the top of the hole, forming a knit-like foundation that prevents further laddering and provides support for weaving.

Starting at the bottom left of the hole, bring the needle from back to front through the leftmost stitch. At the top, pass the needle behind both legs of that stitch, bringing it back to the front. Return the needle through the bottom of the same stitch, from front to back. Move one stitch to the right and repeat across the hole.

4. Reinforce with Duplicate Stitch

Using the darning thread, work duplicate stitch across the row below the hole, starting one or two stitches to the left. This creates a reinforced border around the repair. Continue stitching upward row by row, working around the vertical foundation threads when you reach the hole to secure them in place.

5. Complete the Darn

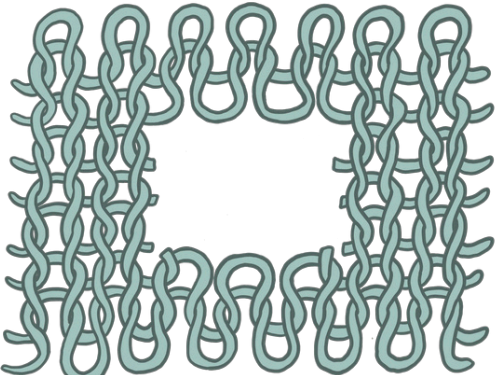
Continue working upward across the hole, wrapping the darning stitches around the vertical foundation threads until you reach the top. Work duplicate stitch at least one row above the hole to reinforce the repair. Carefully remove the vertical foundation threads if desired.

*A comfortable working thread length is about one arm's length: the distance from the hand holding your fabric to your fully extended hand pulling the thread away. Working thread length is the amount of thread you have ready to sew with after threading the needle, including any doubling up. It isn't necessarily the length you originally cut. For example, a thread cut to two arm's lengths and doubled gives you a comfortable working thread length.

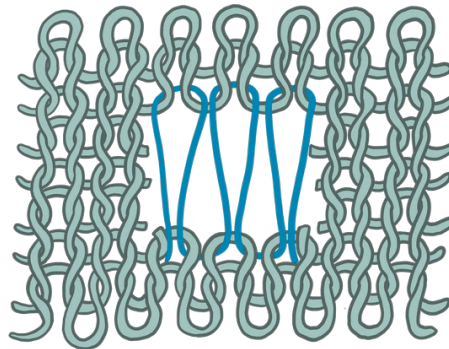
SEWING A BUTTON

DIAGRAM

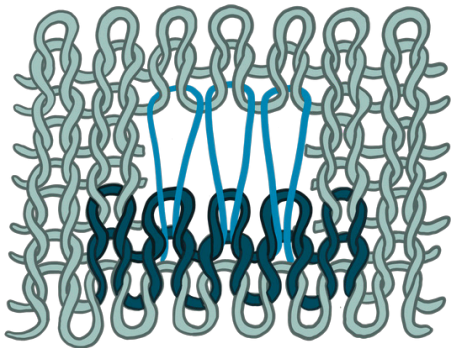
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